Housing and Health

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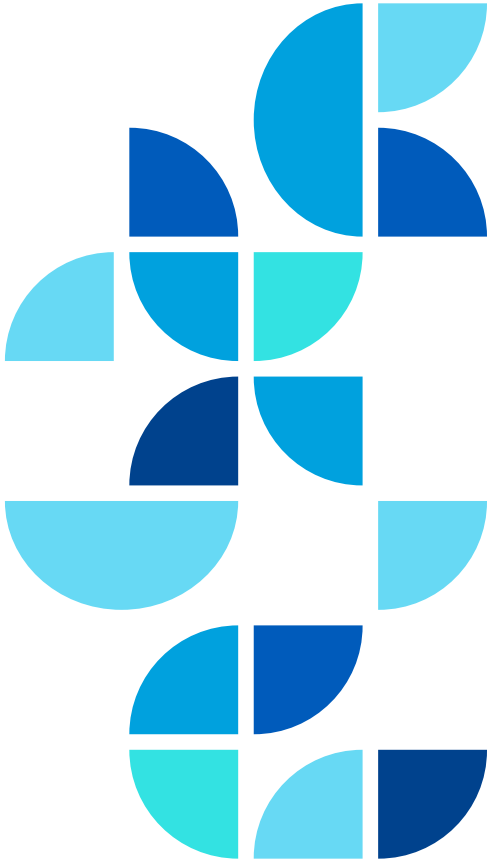
St Luke's®

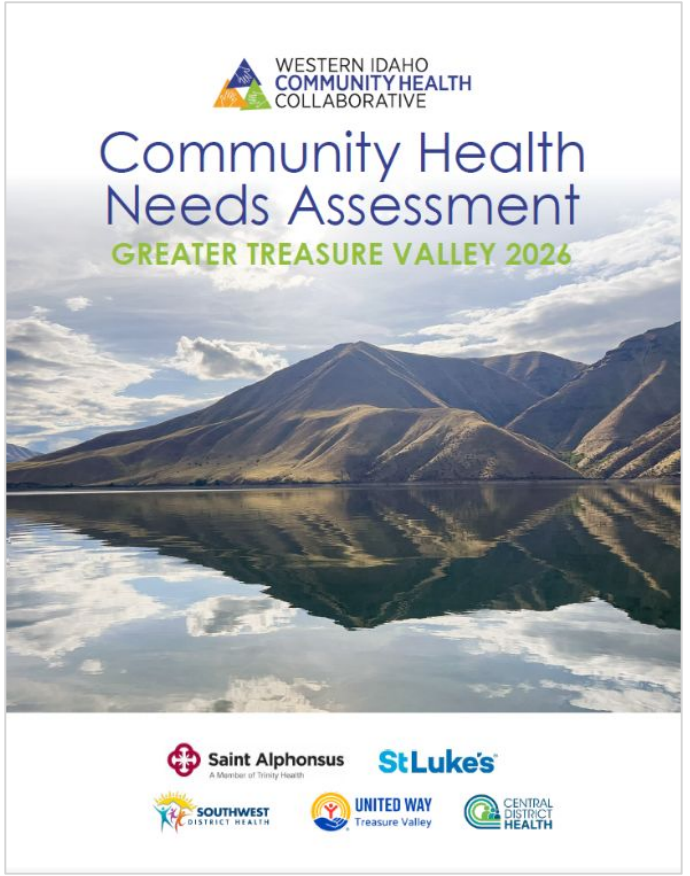
Objectives

- Review Community Health Needs Assessment data identifying housing as a priority need in our community
- Describe connections between housing and health
- Illustrate how healthcare partners are taking action across the housing continuum



Community Health Needs Assessment

- A formalized process of capturing data to identify the most significant health needs throughout our region
- Data collection includes both primary data from surveys, focus groups, and interviews, and secondary data collected from publicly available credible sources
- Helps determine where St. Luke's and aligned partners can work together to improve health outcomes and reduce health disparities
- Conducted every 3 years



Greater Treasure Valley CHNA Collaborative Partners

CHNA Data Collection

By the Numbers

7,900+ Community Surveys

30 Interviews

19 Focus Groups

52 Partner Surveys

100s Secondary Indicators

2026 CHNA Priority Health Needs

Housing

Mental and Behavioral Health

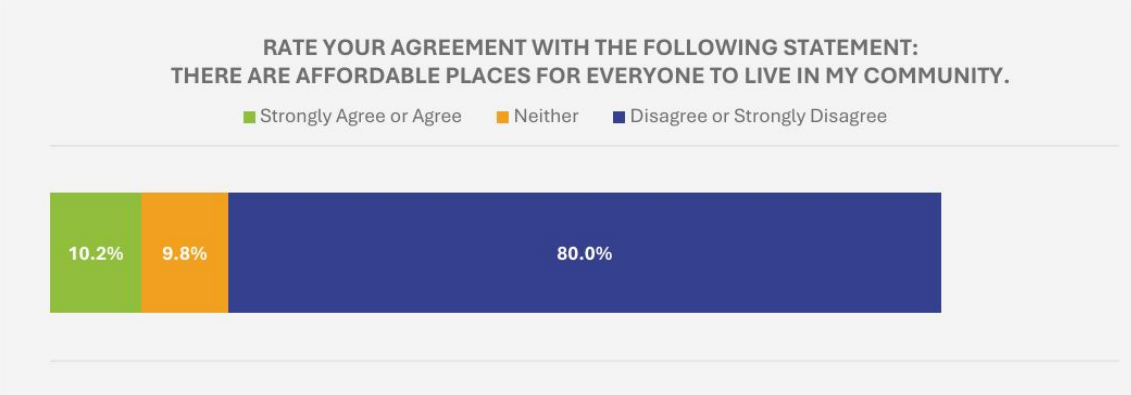
Access to Care

Housing Data

Housing – Greater Treasure Valley

Affordable housing was a top community concern by community survey respondents.

4 out of 5 survey respondents disagreed or strongly disagreed with the statement, "There are affordable places for everyone to live in my community."



Source: 2025 Idaho Oregon Community Health Survey

More than 1 in 4 Greater Treasure Valley residents are spending more than 30% of their income on housing costs *(U.S. Census Bureau: American Community Survey)*.

Housing and Health

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Pathways Connecting Housing and Health

SOURCE: Adapted by the author from Gibson et al. 2011, Sandel et al. 2018, Maqbool et al. 2015, and Braveman et al. 2011.

The Housing Continuum

	Prevention →		Crisis →		Housing →		Stability
The Experience	**Housing Instability**	**Informally Housed**	**Seeking Shelter**	**Literal Homelessness**	**Rapid Exit Housing**	**Affordable Housing**	**Stable Housing**
What It Looks Like	At risk of losing housing due to financial hardship or other factors.	Staying temporarily with family, friends, hotels, or in other unstable situations. McKinney-Vento eligibility: Children staying in the above conditions or in substandard housing (i.e., overcrowded, unsafe, lacking basic amenities).	Accessing emergency shelter or crisis services.	Living unsheltered or in places not meant for human habitation (cars, garages, etc.) Fleeing or attempting to flee domestic violence.	Housing solutions that focus not meving households out of the experience of homelessness into safe, stable housing as quickly as possible while providing support services to be successful in the housing program.	Housing obtained but ongoing expenses need to be set so as the household is not cost-burdened (spending 30% of income or more on housing), in order to be able to still meet other basic needs.	Safe, quality housing with ability to meet basic needs, and long-term sustainability and wellbeing.
Responses	• Eviction prevention (financial assistance and/or mediation) • Short-term financial assistance • Legal Aid • Landlord engagement	• Diversion • Short-term financial assistance • Case Management • McKinney-Vento supports in schools	• Coordinated Entry • Emergency shelter (day and overnight) • Warming and Cooling Centers • Street Outreach/ Street Medicine • Case Management • McKinney-Vento supports in schools	• Emergency shelter (day and overnight) • Warming and Cooling Centers • Street Outreach/ Street Medicine • Case Management • McKinney-Vento supports in schools	• Rapid Re-Housing • Transitional Housing • Permanent Supportive Housing	• Affordable rentals (for households making less than 80% AMI) • Workforce housing (for households making 80-120% AMI) • Land Trusts • Subsidies (Section 8 and VASH Vouchers)	• Ongoing support services • Sustainable rental assistance • Community connection, neighborhood supports • Aging in place

PREVENT
Keep people housed and stable.

RESPOND
Address immediate needs and prevent worsening.

EXIT
Move people quickly into stable housing.

SUSTAIN
Support long-term stability and wellbeing.

Thank You